

## Osteopathy

Osteopathy is a modern, scientifically based system of diagnosis and treatment for pain due to faults in the muscles and joints of the body. These faults can also have widespread effects upon general health. Osteopathic treatment is suitable for both adults and children.

Cranial Osteopathy can help in a wide variety of problems including neuritis, tinnitus, migraine, tension and anxiety, period pain, and ME.

The clinic Osteopaths are experienced and registered with the General Osteopathic Council.



Problems that respond to Osteopathic treatment include:-

Back ache	Headaches
Stress	Neck and shoulder tension
Frozen shoulder	Joint and Muscle strain
Discomfort in pregnancy	Arthritis
Post surgery rehabilitation	Sports injuries
Sciatic pain	Repetitive strain injury

Fee for consultation and treatment, first consultation	£40.00
Subsequent treatments	£36.00

## Orthotics

Pain in the feet, knees, hip or back often stems from problems in the proper functioning of your feet. The clinic prescribes orthotics after using a Gait Scan analysis. The resulting orthotic is made to fit both your feet and your shoes, to reposition your foot gently to restore proper function and ease the pain.



Consultation and Gaitscan analysis with full report	£60.00
Prescription orthotics	£245.00

## Massage Treatments

Firm and relaxing massage, tailored to your requirements; techniques include lymphatic drainage/swedish/Indian Head massage/deep relaxation/acupressure - choice of oils

30 min	£25.00	1 min	£39.00
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Th. Stone Therapy Massage. Deep relaxation for mind, body and soul. Great for stress, metabolism and circulation

Full Body, 90m	£55.00	Back, 45m	£40.00
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Indian Head Massage. 30mins	£25.00
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## Hopi Ear Candleing


Thirty minute session, both ears	£25.00
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## Hands, Nails & Feet

Manicure - including polish and massage	£18.00
French Manicure -	£20.00
Nail shaping and varnish	£13.00
Deluxe Pedicure - a relaxing foot spa therapy with massage using Sixtus foot creams - especially beneficial for dry skins	£25.00

## Chiropody/Podiatry

The clinic has the services of Chiropodists/Podiatrists Registered with the Health Professions Council who are qualified to deal with a wide range of foot and nail problems:- verrucae, corns, callouses, ingrowing toe nails including minor surgery and cryosurgery.

 Fee for consultation and treatment	£29.00
Ask about fees for surgery	

## Acupuncture

Acupuncture treatments for a wide range of problems from a therapist registered with the British Acupuncture Council. Cosmetic acupuncture can help reduce signs of ageing in your skin.



Consultation	£40	(£50 first App)	Cosmetic	£60
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## Products

Crystal Clear and Syence skin care products - Australian Body Care Tea Tree Oil - Aestheticare - Sixtuwohl foot care creams. They can also be purchased from our on-line shop at -

[www.woodhouseclinic.co.uk](http://www.woodhouseclinic.co.uk)

## Gift Vouchers

Valid for 6 months. Please ensure you redeem the voucher in good time to avoid disappointment as we can sometimes book out in a few weeks in advance especially evenings, weekends and holiday periods.

## How To Find Us

The clinic is conveniently situated off the A660 close to Leeds centre at the edge of Woodhouse Moor. It is convenient for public transport and parking is available immediately outside the clinic.

## Clinic Opening Hours

Tuesday, Wednesday, Thursday	9.30am - 7.00pm
Friday	9.30am - 6.00pm
Saturday	10.00am - 4.00pm

## Appointments & Cancellations

As a courtesy to us and other clients, if you need to cancel or change an appointment we request a minimum of 24hrs notice to avoid a minimum fee of 50% being charged. We may charge the full cost of treatment is you fail an appointment.

## Web site. On-line shop & e-mail

More info on all treatments and our on-line shop at [www.woodhouseclinic.co.uk](http://www.woodhouseclinic.co.uk)

or e-mail us at [clinic@woodhouseclinic.co.uk](mailto:clinic@woodhouseclinic.co.uk)

IF YOU ENJOYED YOUR TREATMENT WITH US, PLEASE TELL YOUR FRIENDS

Prices shown are valid from 1st February 2010.



Established 1988

# Health and Beauty

## Beauty Therapy

## Aesthetics

## Chiropody/Podiatry

## Osteopathy

## Acupuncture

**(0113) 275 3692**



Health Professions Council



2 Woodhouse Cliff  
Headingley Leeds LS6 2HF

[www.woodhouseclinic.co.uk](http://www.woodhouseclinic.co.uk)

## Crystal Clear

Treatment choice of the stars. The Woodhouse Clinic has been designated an Elite Salon by Crystal Clear. We offer a wide range of specialist treatments to combat problem skins, lines, wrinkles, scarring, stretch marks and acne. Plus pure relaxation.

### Crystal Clear Microdermabrasion

Wrinkle reduction, helps reduce effects of acne scarring, reduces pigmentation problems.

De-luxe treatment, 75m	£65.00	Course of 10	£530.00
MDA treatment, 45m	£49.00	Course of 10	£440.00

Bright Eyes - MDA specially for the delicate eye area	£35.00
Back Shine - reduce scarring effects from millae etc	£35.00
Cellulite & Body Contouring- firms and revitalises	£45.00
Correction Treatment - reduce scarring, stretch marks	£35.00
Skin Works the ultimate facial	£95.00

### Crystal Clear Oxygen

The perfect rejuvenation treatment for skin to reduce fine lines and wrinkles and to re-energise the skin

Oxygen Facial 45m	£65.00	Course of 6	£360.00
Pre-Oxy MDA 15m & Oxygen Facial 45 min			£80.00
De Luxe Oxygen Facial 75m	£85.00	Course of 5	£390.00
Acneprone Treatment - ideal to reduce problems			£75.00
Smooth Eyes- for lines in the delicate eye region			£45.00
Correction treatment - for scarring, stretchmarks, post natal		poa	

### Crystal Clear Manual Treatments

Crystal Clear 'Choices'- No machines, just totally 'hands on' treatment using the professional range of Crystal Clear Skin Care Products designed to soothe, hydrate, nourish and revitalise the skin.

Starter Facial - Ideal for a quick fix	£35.00
Cellular Repair Facial - Designed for that bit extra	£50.00
Pro-Active Acne Treatment - Facial specially designed for acne	£50.00
Luxury Booster - The creme de la creme of Crystal Clear facials	£65.00
Wide Eyes - A fantastic eye treatment with visible results.	£35.00
Total Body Experience	£60.00

### Crystal Clear For Men

Treatments designed especially for the male skin, reducing dryness, sensitivity and aging particularly as caused by shaving. Soothes and nourishes the skin.

The Skin facial - Facial treatment especially for male skin	£50.00
The Skin De-luxe MDA - MDA and facial for male skin	£65.00
The Skin Oxygen facial - Healing, smoothing, and for acne	£80.00
The Skin Works the ultimate male facial	£95.00
The Back Treatment	£50.00

## Syence

### Syence Facials

Syence Mini-facial - Perfect introduction to Syence skin care. Excellent for people on the run or a quick pick-me-up. £35.00

Syence Facial - Highly effective anti-ageing cleansing, moisturising and purifying treatment. Designed to completely relax and destress.

Perfect for all skin types, hydration, detoxifying £44.00

Syence De-Luxe Facial - "Pure heaven". A totally relaxing facial treatment to rehydrate and rejuvenate with a back massage to destress. £58.00

### Syence Body Treatments

Syence Anti-fatigue Back Treatment - This back treatment is the most anti-stress and fatigue treatment you can ever have. Deep cleansing and detoxifying the skin leaving it soft and supple rejuvenated and relaxed. £45.00

Syence Bodysurge - helps to cleanse, purify and detoxify the body, helping to stimulate the lymphatic system and relax the tension in the body. £75.00

### Depilatory Waxing

Full Leg	£26.00	1/2 Leg	£16.00
Full Leg & Bikini	£32.00	1/2 Leg & Bikini	£22.00
Bikini Line	£11.00	Brazilian	£18.00
Playboy	£22.00	Hollywood	£25.00
Underarm	£9.50	Fore Arms	£10.00
Full arm, from	£15.00	Upper Lip	£7.00
Chin	£7.00	Upper lip & Chin	£11.00
Back or Chest from	£18.00	Shoulders	£14.50
		ask about other areas	poa

### Threading

Chin	£9.00	Eyebrows	£9.00
Upper lip	£9.00	ask about other areas	

### Eye care

Eyebrow shape	£8.00	Eyebrow tint	£8.00
Eyebrow shape and tint	£14.00	Eyelash tint	£9.00
Eyebrow and lash tint	£15.00	Brow shape, tint, lash tint	£19.00
Eyelash perm	£29.00	Eyelash tint & perm	£33.00
Eyebrow shape, lash tint and perm	£39.50		

### Self Tanning Treatments

St Tropez body treatment - the ultimate in body tanning

St Tropez Self Tan Body Treatment	£39.00	Legs	£20.00
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### Eurowave

Computerised toning treatment, - immediate inch-loss.

Single treatment	£22.00	Course of 10	£180.00
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### Electrolysis

Removal of unwanted hair under sterile conditions

15 minute session	£17.00	30 minute session	£25.00
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## Semi-Permanent Make-up

Lip blush, cheek blush, eye-brow enhancement and eye-liner for that special glamorous look. Also camouflage, using the leading techniques from Natural Enhancement. By our qualified and skilled technician. Enquire at the clinic.

Consultation (redeemable against treatment) £50.00

### Laser & IPL hair removal

Using an Nd:YAG 1064 Laser & IPL. Treatment of unwanted body hair is safe, fast, effective and virtually pain free. It is suited to most hair and skin types and will lead to long term reduction in hair growth. A consultation and patch test is required prior treatment.

Consultation & Patch Test (redeemable against first treatment) £25.00

Treatment prices start from £60.00

More info available at [www.woodhouseclinic.co.uk](http://www.woodhouseclinic.co.uk)

### Red Veins

Veinwave is a revolutionary and successful method for red vein treatment. Discuss your problems privately during a consultation and a course will be designed for your particular requirements.

Consultation (redeemable against first treatment) £25.00

Single Treatment session £150.00

### Photo-Rejuvenation

Reduce neck and facial wrinkles and hyperpigmentation with microdermabrasion and IPL treatments. Consultations £25 redeemable against treatment. Price by consultation - you may need a course for best results. More info available at [www.woodhouseclinic.co.uk](http://www.woodhouseclinic.co.uk).

Consultation (redeemable against first treatment) £25.00

Single Treatment session £150.00

### Endermologie

The only cellulite treatment programme that has been clinically tested to reduce cellulite. Men & women world wide testify to its success in reducing the effects of cellulite and providing a new contouring to the body. A course of 20-30 treatments required to get the results. A maintenance treatment once a month to retain desired effect. Single treatment

	£55.00	Course of 12	£600.00
Course of 20	£900.00	Course of 25	£1100.00

### Cosmecanique - Lift 6

The ultimate facial toning programme. Give your face a work out. Tones the skin reduces wrinkling and provides a full lift of the chin face and neck region.

Single session £50.00 Course of 10 £450.00

### Non-Surgical Facelift

BioUltimate Intensive Firming Facial using a hydrating/collagen gel

Single treatment £35.00 Course 12 £385.00

Add £6 to either for collagen/elastin boost ampoule.